



Actions: Same action. Different Reactions!

Hi, welcome back! In this conversation we're going to be talking about actions. In the last conversation, about beliefs... And again, if you haven't listened to it go back right now. Listen to the beliefs podcast then come back and hear this conversation.

We talked about how different belief systems change the way in which we do things. Now, actions give us results. Einstein said that if you try and do the same thing and expect a different result, that is the definition of madness. That's the definition of insanity. So, doing different things is what it takes to get different results.

But here is the thing that hasn't been spoken about. You can do many, many different things that can all lead to the same result. There were experiences in your life where you want to get a different result so I do something else... And I do something else... And you might say to yourself, "It doesn't matter what I do... I keep getting the same outcome." Because it's not what you do, it's always how we do it that makes the biggest difference. So I'm in cynic put this really, really well in this conversation of the "Golden Circles" and this book was called "Start with Why".

The reason why we do something... So, different results require different actions but different actions can actually lead to the same results. The difference is the reason why we do something... The purpose behind it. So I could be paying my bills, which to me... You know it's to some people that's exciting. To me, it's a mundane task and I just put it off... And they're really enjoy doing it. You know so... It takes more time than it needs to take. It causes this frustration and all of the things that have been going on for me. I try different ways of doing it. So then, I put the mold together and do the mold in one day then we call. Then I try someone else to do it so I can work my hands off of it but then all the problems would come and then... So that simple action with different, different... Like many different ways of going about it kind of led to the same result. The bills got paid but I wasn't enjoying life at all. So I had to shift my reason why. I had to shift why I was doing it. The purpose behind it. So, when I come across something like paying the bills, I simply shift the reason why. What is the outcome of this? Why do I pay bills? It's not because money is going out of my account but when I'm on top of my finances that's contributing to my higher purpose of ultimate financial freedom of a generation alone. What strategy that I'm doing for my family? Something like paying a phone bill actually contributes to that... And all of a sudden, I stand seeing the world through different set of eyes.

To shift the action of the results that I'm getting from my actions, I can do the same thing. I just shift the purpose. I get clear on the reason why I'm doing it. To something mundane like paying the bills, all of a sudden becomes exciting. It's like, "how a way to do this!" Because this maintains my financial integrity that helps build the financial future that I have dreamed of building and the ultimate financial freedom. So, anything that is mundane in your life or that you are not getting the results that you want... Work out really why it is important and why you are doing it. Everything is important. I've done this around changing poeey nappies. Most people go, "Oh god! I cannot even stand that!" I have just shifted the reason why I am doing it and now I actually enjoy doing it. What a beautiful thing that I have these



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children with healthy bodies that work well... And nurtured them... What a pleasure it is to be a part of that. You know, even if it is being all about keeping poo. It doesn't matter! When you change the purpose and when you're clear on the purpose and the reason why you're doing something, the same action has a different energy and it gives you a very, very different result.